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Seasons Seminars, Inc.  
911 20th Street  
Plano, Texas 75074

# CULTURE CHANGE NOW! Creating Homes and Caring Relationships

A SEASONS SEMINARS *INNOVATIVE SOLUTIONS!* Conference



**Presentations by: Linda Bump, MPH, RD**

Presenter for the *Creating Home in the Nursing Home II: A National Symposium on Culture Change and the Food and Dining Requirements*, co-sponsored by CMS and the Pioneer Network, scheduled for February 11, 2010.

**March 23-25, 2010  
Dallas/Fort Worth (Irving)**

**Sponsored by Seasons Seminars, Inc.**  
[www.seasons-seminars.com](http://www.seasons-seminars.com)  
972-422-1513

# CONFERENCE SCHEDULE

## Tuesday, March 23 Pre-Conference Sessions

**1:30 - 4:30** (Registration opens at 12:30)

### **Activities in a Person-Centered Environment**

**Natalie Davis, MS, ACC**

1. Assessment of residents for person-centered activities
2. What person-centered activities are
3. Approaches for implementing a person-centered activity program

**6:00 - 8:00** (Registration opens at 5:00)

### **The Regulatory Support and Business Case for Culture Change**

**Mary Compton, MS, LNFA**

1. Federal and state regulatory support for Culture Change
2. How Culture Change supports your business plan

## Wednesday, March 24

### ***A Tale of Transformation***

**Presented by Linda Bump, MPH, RD; Trainer/Consultant, Action Pact, Inc.**

**8:30 - 4:30** (Registration opens at 7:30)

Across the nation, people are discovering that skilled nursing care can be provided with all the comforts of home: privacy, choice, autonomy, sense of well-being, and pleasures in daily living!

Learn about the Four Stages of Culture Change and assess where your organization is in the Journey to person-directed care. And discover Action Steps that will move your organization further.

**5:00 - 7:00 PM Reception and Food Demonstration, Visit with exhibitors**

**7:00 PM Join us for EXTREME COMEDY BINGO EXTRAVAGANZA presented by Murder Mystery Players**

## Thursday, March 25

### ***Food For Thought***

**Presented by Linda Bump, MPH, RD; Trainer/Consultant, Action Pact, Inc.**

**8:30 am - 3:30** (Registration opens at 7:30)

Whether you're well along on your Culture Change journey or just thinking about beginning it, this presentation will show you further opportunities to enhance the dining experience for your residents.

It's a great time to explore and reflect on the dining innovations made by other pioneers in culture change dining. You can use these ideas to provide choice, accessibility, pleasure and individualization for your residents.

This session challenges the entire team to maximize choice and individuality for residents through innovations which focus on the residents' needs and preferences and gives the feeling of "true home" in dining.

Even if you are just beginning to dip your toes into culture change, the dining process is a great place to start. Small changes in dining can have a big impact on your residents' autonomy and quality of life.

With this information, you will be able to evaluate the merits of 5-meal plans (and 4-meal plans), open dining, buffet, restaurant or family style meals, and the dozens of examples of ways to bring simple pleasures to residents through choice and accessibility.

### **About Linda Bump, MPH, RD**

**Presenter for the *Creating Home in the Nursing Home II: A National Symposium on Culture Change and the Food and Dining Requirements*, co-sponsored by CMS and the Pioneer Network, scheduled for February 11, 2010.**

#### **Experience in Implementing Culture Change includes:**

Has guided four organizations through transformations to a social model of care, as an Administrator; as Chief Operating Officer; and as culture change consultant. The four organizations have received national and international attention and honors for its innovations.

#### **Experience as a Consultant/Educator includes:**

Extensive experience as internal and external consultant in nursing homes. Has provided education on culture change through Action Pact, Inc. to 40+ nursing homes. Has written articles on culture change and "Implementing the Social Model" in nursing homes for websites [www.almosthomedoc.org](http://www.almosthomedoc.org) and [www.culturechangenow.com](http://www.culturechangenow.com).

#### **Design & Presentations of Intensives:**

Has designed and is the primary presenter for a well-respected 4 day intensive: Life Happens in the Kitchen, that is geared toward dietary managers, dietitians, administrators and is offered by Action Pact.

#### **Articles:**

Life Happens in the Kitchen, 2004; Life Happens in the Kitchen, A workbook, Action Pact Press, 2004 Household Matters: The Kitchen as Heart of the Home, 2004; Reflecting on Quality – Quality Improvement & Measurement System 2006

#### **Relevant Educational Background:**

MPH, University of Minnesota, School of Public Health; BS, Nutrition with Distinction, University of Minnesota. Mortar Board, "North Star Award" for leadership and service, University of Minnesota, College of Home Economics. Licensed Nursing Home Administrator, State of Minnesota; Registered Dietitian, American Dietetic Association; Licensed Dietitian, State of Minnesota

## Conference Registration

Please complete the Registration Form. A separate registration must be completed and submitted each individual registering. Mail or fax with payment to the address or fax number at the bottom of the page.

Name \_\_\_\_\_

First Registrant

Additional Registrant

Name for Name Badge \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone number \_\_\_\_\_ Email \_\_\_\_\_

Need special accommodations? \_\_\_\_\_

License #s/States:  Administrator \_\_\_\_\_  RN/LVN \_\_\_\_\_  Social Worker \_\_\_\_\_

\*CEUs available only on Thursday  \*Registered Dietitian \_\_\_\_\_  \*Certified Dietary Manager \_\_\_\_\_

**\*\*FULL REGISTRATION** includes Wednesday and Thursday intensive sessions with workbooks, 13 hours of continuing education, two breakfasts, two lunches, all breaks and the Wednesday evening reception, Food Demonstration and EXTREME COMEDY BINGO EXTRAVAGANZA.

	<u>Early (by March 8)</u>	<u>Late (after March 8)</u>	<u>TOTAL</u>
First registration **	\$499	\$599	_____
Additional Registrations** (available only for Full Registration)	\$449	\$549	_____

*For 5 or more registrations from one facility, or 10 or more from one organization,  
please contact us for additional discount information.*

**ONE DAY REGISTRATION** includes intensive session with workbook, continuing education (Wednesday - 7 hours; Thursday - 6 hours), breakfast, lunch, all breaks and the Wednesday evening reception, Food Demonstration and EXTREME COMEDY BINGO EXTRAVAGANZA.

<input type="checkbox"/> Wednesday (Tale of Transformation)	\$299	\$359	_____
<input type="checkbox"/> Thursday (Food for Thought)	\$299	\$359	_____

<b><u>PRE-CONFERENCE SESSIONS</u></b> (Tuesday)			
BOTH pre-conference sessions	\$130	\$160	_____
Person-centered activities (3 CEUs)	\$75	\$90	_____
Regulatory and Business Case (2 CEUs)	\$75	\$90	_____

**TOTAL DUE** \_\_\_\_\_

**PAYMENT INFORMATION:** Registration available online at [www.seasons-seminars.com](http://www.seasons-seminars.com)

OR Mail to Seasons Seminars, 911 20<sup>th</sup> St., Plano, TX, 75074

OR Fax with credit card payment to 972-881-9333.

**SEATS ARE NOT GUARANTEED UNTIL PAYMENT IS RECEIVED.**

Check enclosed

Visa

MasterCard

American Express

Discover

Card number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder name \_\_\_\_\_

Authorized signature \_\_\_\_\_

**A separate registration must be completed and submitted each individual registering.**

## General Information

### Continuing Education

The conference educational sessions offer the opportunity to earn 18 continuing education hours for nursing facility administrators, assisted living managers, social workers, activity directors and nurses. 6 hours are approved for registered dietitians and certified dietary managers for the *Food For Thought* program.

Seasons Seminars, Inc. is a **Certified Provider** of professional continuing education with the **National Association of Boards of Examiners of Long Term Care Administrators (NAB)** and has approved these programs for the number of clock hours listed under their sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

The Texas State Board of Social Worker Examiners has issued a sponsor number to Seasons Seminars, Inc. as a **Social Worker** Continuing Education Provider.

Seasons Seminars, Inc. is an approved provider of continuing nursing education by the Texas **Nurses** Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This conference meets the criteria for renewal of the CALM certificate from Texas State University (formerly Southwest Texas State University), as well as the requirements of TDADS **Assisted Living** facility licensure.

This conference meets the criteria for continuing education for **Activity Directors** required by TDADS. These programs also meet the criteria for continuing education required for recertification by NCCAP.

Seasons Seminars, Inc. reserves the right to adjust the number of hours awarded if determined that a participant did not fully attend the entire scheduled time, including, but not limited to, absences from the room and/or attending to personal business.

CEUs are available for **Dietitians**: RD, DTR, CDM, by Action Pact for Thursday's program, *Food For Thought*.

### Replacement Certificates

**There will be fee of \$25 for replacement certificates or to verify attendance at the conference. Requests for replacement certificates or verification of attendance must be made in writing. Requests will be processed within 14 days.**

### Deadlines & Cancellations

The deadline for the early registration fee is March 8, 2010. Registrations must be received by that date. Cancellations are accepted in writing up to March 15, 2010. Seasons Seminars will refund the amount paid, less a \$25 administrative fee. Substitutions are welcome at any time.

### Meeting Rooms Temperature

Since meeting room temperatures are difficult to control, a sweater or light jacket is recommended.

### Meals

- ◆ Tuesday afternoon session– Refreshments, coffee, soft drinks, and water provided
- ◆ Tuesday evening session - Refreshments, coffee, soft drinks, and water provided
- ◆ Wednesday - Breakfast, lunch, afternoon cookie break, and coffee, soft drinks, and water provided
- ◆ Wednesday evening - Reception
- ◆ Thursday - Breakfast, lunch, afternoon cookie break, and coffee, soft drinks, and water provided

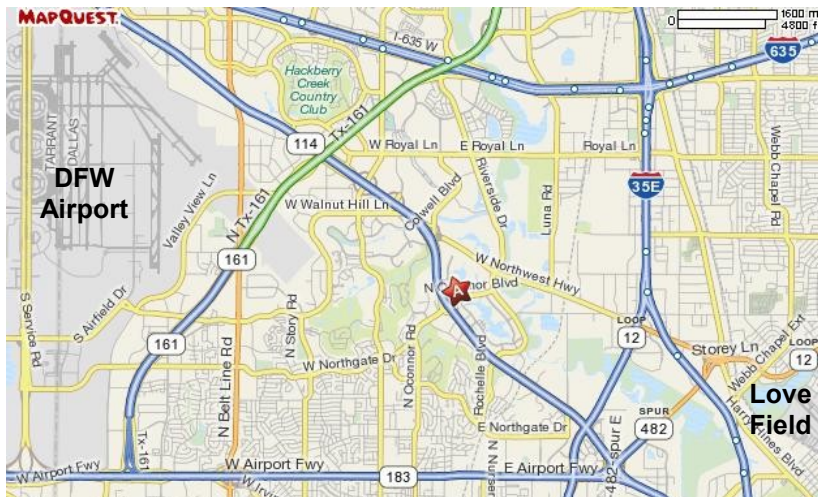
### Hotel Information

Dallas Marriott Las Colinas  
223 West Las Colinas Boulevard  
Irving, TX 75039  
972-831-0000

A block of rooms is being held at a discounted rate of \$123. Deadline to make reservations at the discounted rate is March 2, 2010. After that date, room rates will increase to the standard rate. To make your reservation call the hotel number above and mention Seasons Seminars.

### Questions

Contact Seasons Seminars at 972-422-1513 or by e-mail at [seasons@seasons-seminars.com](mailto:seasons@seasons-seminars.com).



**For 5 or more registrations from one facility, or 10 or more from one organization, please contact us for additional discount information.**